



Virtual Parent Workshop Series



Mental Health 101: Introduction to and Understanding Mental Health in Children and Adolescents

In this free workshop, parents and caregivers will be introduced to common mental health diagnoses as well as gain a better understanding of how to recognize common warning signs and symptoms. Learn more about what to do if you suspect your child is struggling, and how to connect them with the appropriate resources.

February 7, 2023 - 6:30 PM - 7:30 PM



No registration required. To participate, simply visit tinyurl.com/Syntero-ParentWorkshops at the scheduled date and time of the webinar.

To view details for the entire workshop series, visit www.syntero.org/parent-guardian-workshops.

Participation in Syntero's Virtual Parent Workshop Series is limited to and intended for parents, guardians, grandparents and caregivers of students who are currently enrolled in school; grades K-12. If you are interested in learning about Syntero's services, please visit www.syntero.org or email info@syntero.org.