



Virtual Parent Workshop Series



Mental Health 201: Practical Skills for Supporting Your Student

This workshop builds off of the “Introduction to Understanding Mental Health in Children and Adolescents” workshop, but is open to all. Participants will learn more about mental health signs and the impact of mental health on students, review key information about the brain, learn practical skills for supporting your student, and understand strategies for being an “Ask-able Caregiver.”

April 18, 2023 - 6:30 PM - 7:30 PM



No registration required. To participate, simply visit tinyurl.com/Syntero-ParentWorkshops at the scheduled date and time of the webinar. To view details for the entire workshop series, visit www.syntero.org/parent-guardian-workshops.

Participation in Syntero's Virtual Parent Workshop Series is limited to and intended for parents, guardians, grandparents and caregivers of students who are currently enrolled in school; grades K-12. If you are interested in learning about Syntero's services, please visit www.syntero.org or email info@syntero.org.