



 February 7, 2023

Mental Health 101: Introduction to and Understanding Mental Health in Children and Adolescents



Mental Health 201: Practical Skills for Supporting Your Student

All workshops will be held live at 6:30 PM EST. To participate, simply visit <u>tinyurl.com/Syntero-ParentWorkshops</u> on the scheduled date of each webinar. Parents, guardians and caregivers may participate in as many or as few workshops as desired. View workshop details and past recordings at www.syntero.org/parent-guardian-workshops.

Participation in Syntero's Virtual Parent Workshop Series is limited to and intended for parents, guardians, grandparents and caregivers of students who are currently enrolled in school; grades K-12. If you are interested in learning about Syntero's services, please visit <u>www.syntero.org</u> or email <u>info@syntero.org</u>.