



Syntero, Inc. is a nonprofit organization that advocates and supports the health and well-being of individuals, families and communities by providing professional, compassionate expert counseling and community-based services that adapt to the changing needs of the community.

Syntero offers a comprehensive range of trauma-responsive behavioral health care services designed to create a welcoming, comfortable and safe environment where individuals and families can receive treatment, prevention and/or supportive services that result in positive, life-changing outcomes.



## Syntero Programs for Adults

### Outpatient Mental Health & Substance Use Disorder Counseling

Syntero provides evidence-based therapeutic treatment and counseling services to individuals of all ages. Our specialized staff of master's level clinicians are trained in a variety of treatment modalities that help individuals, couples, and families deal with depression, anxiety, trauma, grief and loss, anger management, substance abuse, and more. The goal is to empower individuals to manage effectively, improve quality of life, and promote happier and healthier lives.

### Intensive Outpatient for Substance Use Disorder

Syntero offers an intensive outpatient program (IOP) for adults who are struggling with addiction and behavioral issues. This program is designed to help those in early recovery who have experienced ineffective past treatments. The program is evidenced-based and proven effective in maintaining long-term sobriety through a matrix model. Syntero's IOP is facilitated by licensed counselors specializing in addiction treatment using evidence-based and trauma-informed treatment curricula. Most private insurance, Medicaid, EAPs, and private pay are accepted.

### Outpatient Psychiatric Services

Syntero utilizes the expertise of licensed psychiatrists and psychiatric mental health nurse practitioners to provide medication management for clients. This service addresses the psychiatric needs of the client and evaluates their medication needs. Medication services are in response to specific symptoms with the goal of improved functioning for the client. Syntero also partners with Genoa Healthcare to offer a full-service pharmacy at its Dublin office that is open to the community.

### Case Management

Syntero offers community-based case management services for adults that are adapted to the individual needs of the client. These services are for Franklin County residents who are Medicaid eligible or uninsured. Case management services for adults can include: mental health and addiction education/support, parenting/childcare issues, anger management, budgeting and finance assistance, housing, life skills, education, employment, and social supports. The goal of Syntero's case management services is to help individuals reduce the barriers that prevent them from reaching self-sufficiency.

## Therapeutic & Support Groups

Syntero offers a variety of trauma-informed group programs at each of its locations that augment individual treatment. Groups are formed to help deal with mental health, alcohol, or other drug issues in response to the needs of our clients and the community. Licensed professionals facilitate an array of group offerings that are designed to provide emotional support and education and to help members develop new and stronger coping skills.

## Services for Older Adults & Caregivers

Syntero's Older Adults services help older adults achieve a greater quality of life while maintaining as much independence as possible. Syntero not only offers a variety of in-home and office-based services for older adult clients but also provides education and resources for their caregivers to help make this important role less stressful and challenging.

## LGBTQ+ Programs

Syntero understands the unique challenges faced by members of the LGBTQ+ community and offers LGBTQ+ culturally competent providers who can help ensure more positive outcomes and healthy/balanced lifestyles and choices for dealing with identity issues.

## Specialized Programs

Syntero works with a variety of community partners to support the specialized behavioral health needs of underserved and/or highly vulnerable individuals, including first responders, adults with intellectual disabilities, biological parents of children in foster care, at-risk or previously hospitalized individuals and more.



Other funding support provided by Franklin County Office on Aging | Medicaid/Medicare | City of Dublin | City of Upper Arlington | City of Worthington | Washington Township Trustees | Sourcepoint | Multiple Commercial Insurance Agencies | Private Donations

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