



# Older Adults Program

Syntero's Older Adults Program is a specialized service designed to help older adults achieve a greater quality of life while maintaining as much independence as possible. Providing community-based and in-home services, there are five initiatives that fall under the larger **Older Adults Program** umbrella (*see program descriptions on reverse*):



## **Older Adult Intensive Outreach**

*Supportive services and resources for Franklin County older adults in independent living*



## **Caregiver Support Program**

*Support and resources for those who provide care for older adults*



## **Older Adult Volunteer Program**

*Carefully-screened volunteers serve as friendly faces, voices, drivers and helpers for older adults in the community **(on hold)***



## **Older Adult Outreach Counseling in Delaware County**

*Provides mental health and substance use disorder treatment in partnership with SourcePoint*



## **Forever Dubin Hub**

*Dublin, Ohio's resource hub for residents age 55+*

Learn more at [www.syntero.org/older-adults](http://www.syntero.org/older-adults)

Syntero's Older Adults Programs receive funding from Franklin County Office on Aging, the ADAMH Board of Franklin County, SourcePoint, the Delaware-Morrow Mental Health and Recovery Services Board and several other municipalities which allows Syntero to provide these services at no cost to its clients.

# Syntero's Older Adults Programs



## Older Adult Intensive Outreach (Aging Supportive Services)

Syntero's Older Adult Intensive Outreach Program serves residents age 60+ living in an independent living environment in 12 northwest Franklin County zip codes. Using aging-in-place and outreach models, Syntero's supportive services include, but are not limited to:

- Navigating daily living, personal, social, health, legal and financial challenges.
- Providing information, access, and resources related to human services; healthcare; alternative housing; community and government benefits; navigating complex social, insurance and medical systems; transportation; food assistance; and social connections groups.



## Caregiver Support Program

Syntero's Caregiver Support Program puts the focus on caregivers helping to help make their admirable role less stressful and challenging by providing education and resources that enable caregivers to better focus on meeting the needs of their loved ones.



## Older Adult Volunteer Program *Currently on hold for redesign.*

Syntero's Older Adults Volunteer Program makes a valuable contribution to the agency's older adult clients by providing carefully screened and thoughtfully matched volunteers who serve as friendly visitors and callers, drivers, errand runners, who also help with occasional chores.



## Older Adult Outreach Counseling in Delaware County

Syntero provides mental health and substance use disorder treatment to older adults in Delaware County through a partnership with SourcePoint. Providers promote the aging-in-place/recovery/ living-in-community treatment philosophy emphasizing independent living and functioning and help link clients with community resources.



## Forever Dublin Hub

The Forever Dublin Hub offers Dublin's residents age 55+ , their families and caregivers support in finding information to help maintain independence as long as possible -- to age in place -- and to make Dublin their forever home. Syntero's Hub *Navigators* provide free sessions offering information and guidance to help maneuver complex issues like Medicare, Social Security and more. For more information, visit [foreverdublin.com/about-the-hub/](https://foreverdublin.com/about-the-hub/).



The mission of Syntero, Inc. is to advocate and support the health and well-being of individuals, families and communities by providing professional, compassionate behavioral health and social services that adapt to the changing needs of the community.

For more information and/or to make a referral, please call Syntero's Older Adult Program Coordinator at 614-457-7876 x 214 or the Syntero Intake Department at 614-889-5722 x 133.

[www.syntero.org/older-adults](https://www.syntero.org/older-adults)

