



*Caregivers,
You are not alone!
We are here to support you.*



OLDER ADULTS CAREGIVER SUPPORT

*Putting the focus on the caregiver to make their
role less stressful and more fulfilling*

WHAT WE OFFER

- ✓ Individualized attention for the caregiver
- ✓ Help navigating complex health & social systems
- ✓ Access to beneficial information and resources
- ✓ Support groups
- ✓ Community, office and telehealth visits available throughout all of Franklin County

FOR INFORMATION

- ☎ Caregiver Specialist 614-457-7876 x205
Intake Department 614-889-5722 x133
- ✉ caregiver@syntero.org



*Every caregiver's needs are unique...
Syntero can help you find the right resources to help
you care for your loved one.*

Syntero's Caregiver Support Program is designed to make your role as a caregiver less stressful and more fulfilling by giving you individualized attention and connecting you to quality information and access to community partners.



Offering community, office, and telehealth visits, Syntero caregiver specialists want to empower you with the knowledge and tools to help you provide the best care for your loved one.

Syntero also offers support groups for caregivers of older adults featuring specific topics like self-care, coping strategies and healthcare literacy to provide a focus for discussions.

To be eligible for this free program, you or your care receiver must live in Franklin County and be at least 60 years old.

This program is funded through generous grant support from the Franklin County Office on Aging Senior Options program and the ADAMH Board of Franklin County.



The mission of Syntero, Inc. is to advocate and support the health and well-being of individuals, families and communities by providing professional, compassionate behavioral health and social services that adapt to the changing needs of the community.

www.syntero.org/older-adults