

Marijuana Edibles: What You Need to Know

WHAT ARE THEY?

Foods or food products that contain cannabis.

Examples

- Chocolate
- Gummies
- Chips
- Cookies
- Juices
- Cookies
- Brownies
- Popcorn



MARIJUANA EFFECTS ON YOUTH

- Dizziness
- Weakness
- Slurred speech
- Loss of coordination
- Excessive sleepiness
- Impaired memory
- Difficulty breathing
- Nausea or vomiting
- Feelings of:
 - Anxiety
 - Panic
 - Paranoia

Please note: Severity of symptoms depends on how much THC was ingested.

WHAT TO DO IF A CHILD EATS THC EDIBLES?

- Call Poison Control.
- Try to find out what and how much they ate.
- If possible, check packaging for amount of THC.
- If symptoms appear severe:
 - Call 911 or go to the nearest emergency room

HOW TO PREVENT ACCIDENTAL INDIGESTION

- Make sure no children are present when using edibles
- Store edibles in a secure place out of reach of children and teens
- Avoid using edibles that are packaged to look like candies
- Ensure family, friends and caregivers provide safe environments.



SCAN ME

Communication is a powerful tool in substance use prevention. Caregivers should have honest, age-appropriate conversations with youth explaining the potential harms of marijuana use, especially on the developing brain and body. Please do not hesitate to contact your child's pediatrician with questions. Visit www.syntero.org/marijuana-edibles-resources or scan the QR code for a list of references and resources.