

# Sharing Hope

2017 Report to the Community



## Overcoming the Odds:

### Tia:

Syntero's **Help Me Grow** program received a referral for little 5 month old Tia. She was born at 24 weeks with chronic lung disease and other complications and weighed 1 lb. At her evaluation she was on an oxygen machine and was having trouble eating and gaining weight. She was extremely fragile and her doctors and her family felt an evaluation with Help Me Grow would determine how she was doing developmentally. She qualified for our program

in several areas. After working with Physical Therapy and Occupational Therapy for 6 months she is now in the 75 percentile for her adjusted age! She is rolling, getting ready to crawl and meeting all developmental milestones. Mom and the Help Me Grow team could not be more proud of the progress she has made in the last 6 months! We are so grateful that we have the opportunity to see her grow in our program!



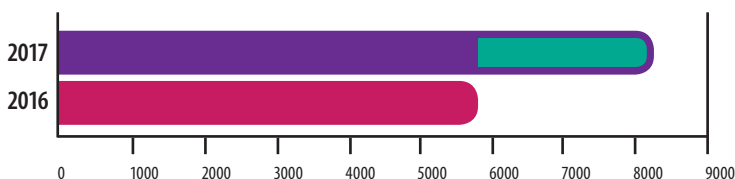
In 2017 we broadened our agency footprint to three new high need geographical areas of Central Ohio –

**Delaware and Morrow Counties and Northeast Columbus**

We worked with many community coalitions in Franklin, Delaware and Morrow County to **address the opiate epidemic**, providing school-based prevention, therapy and outpatient and intensive outpatient treatment for those struggling with addiction.

Syntero served thousands more individuals of all ages:

- ♥ In 2016 we provided outpatient counseling to **5,789** individuals.
- ♥ In 2017 we served **8,334** individuals, an increase of **2,454** individuals.



## Help for Seniors in Need:

### Carlos and Betty:

Carlos and Betty were struggling with serious health problems. Both in their 80's, their closest relative lived several states away. Their doctor encouraged them to contact the **Syntero Older Adults Program**. Our social worker offered the couple emotional support and helped them arrange for home care for shopping, bathing, helped them set up meal delivery and also linked them with emergency call buttons. Through the Syntero's Older Adults volunteer coordinator, Carlos and Betty were able to get volunteer rides for many of their doctor appointments. Their quality of life has improved thanks to our older adult community-based services.



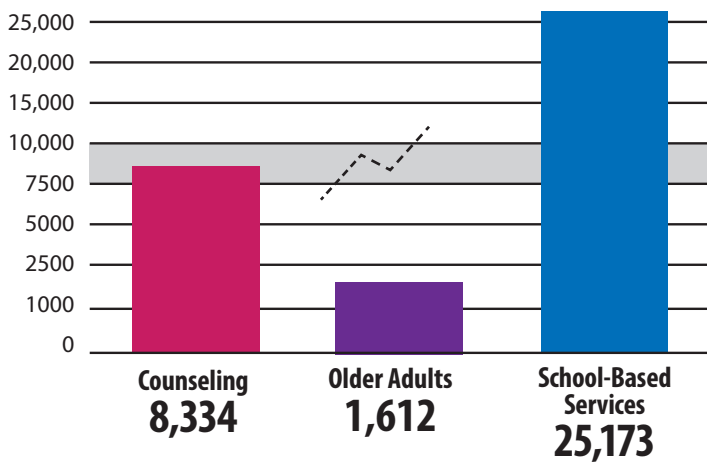
We received an **increase of 3,431 unique calls** to our Intake Line in 2017 compared to the same time period in 2016. We received **562** unique calls in 2016 and **11,993** in 2017.



We added **8** new school districts and one specialty high school as prevention/early intervention and treatment program partners. This brings the number of school districts served to **12**.



### Some 2017 Syntero Highlights



Syntero's Upper Arlington School-Based Team received the **2017 City of Upper Arlington Community Safety Award** for Syntero's work in the Upper Arlington Schools and the collaboration with school personnel.



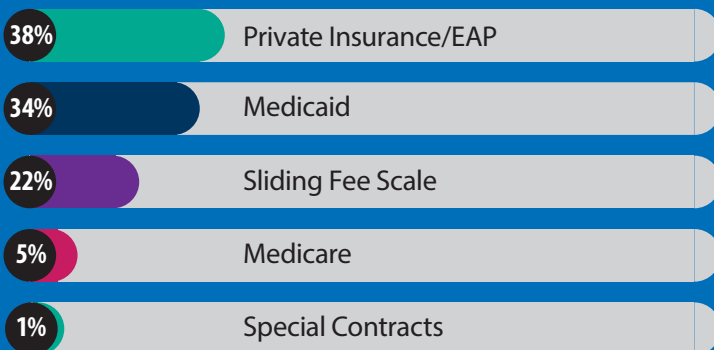
**You helped us do this! Thank you to all Syntero partners and supporters!**

**3,169** students in Central Ohio have received the evidence-based **Signs of Suicide Classroom education** focusing on youth mental health and suicide prevention.

#### Funding Partners

Franklin County ADAMH Board • City of Dublin • City of Upper Arlington • City of Worthington • Hilliard City Schools • Delaware/Morrow County Mental Health and Recovery Board • Delaware County United Way • SourcePoint of Delaware County • Franklin County Office on Aging • Ohio Department of Health – Help Me Grow • Washington Twp. Trustees • Ohio Medicaid/Medicare • Permanent Family Solutions Network (PFSN) • Goodwill – Franklin County Board of Developmental Disabilities • St. Brigid of Kildare Church • Tolles Technical School • Private and corporate donors

#### Payer Source



Dublin | 299 Cramer Creek Court • Dublin, OH 43017  
 Mill Run | 3645 Ridge Mill Drive • Columbus, OH 43026  
 Lewis Center | 7100 Graphics Way, Ste 3100 • Lewis Center, OH 43035  
 Northeast | 3433 Agler Road, Ste. 2000 • Columbus, OH 43219  
 Syntero – Intake Department | 614-889-5722 ext 133

[www.syntero.org](http://www.syntero.org)

**We received our 3-year CARF Accreditation**

Our mission is to advocate and support the health and well-being of individuals, families and communities by providing professional, compassionate, behavioral health and social services that adapt to the changing needs of the community.