



Talking to Youth About Race

Created by: Savannah Carlstrom Page, MSW, LSW

Presented by: Shantel Jordan, M.Ed, LPCC-S &

Kelly Dainton, MA, LPC

Syntero, Inc.

Resources for Further Learning

Adults

Books

- [*How to Be an Antiracist* by Ibram X. Kendi](#)
- [*So You Want to Talk About Race* by Ijeoma Oluo](#)
- [*White Fragility* by Robin Diangelo](#)
- [*Me and White Supremacy* by Layla F. Saad](#)
- [*Between the World and Me* by Ta-Nehisi Coates](#)
- [*Heavy: An American Memoir* by Kiese Laymon](#)

Media and Other Resources

- [“Let’s Get to the Root of Racial Injustice” TEDx talk by Megan Ming Francis](#)
- [“Code Switch” NPR Podcast](#)
- [Harvard Implicit Bias Tests](#)
- [*13th* documentary on Netflix](#)
- [*Just Mercy* film, on Prime video](#)
- [Teaching Tolerance website and Instagram account](#)
- [“Hope & Hard Pills” podcast](#)
- [“Pod Save The People” podcast](#)

Preschool Age

Books

The Snowy Day by Ezra Jack Keats

Saturday by Oge Mora

Hair Love by Matthew A. Cherry

AntiRacist Baby by Ibram X. Kendi

Grandma's Purse by Vanessa Brantley-Newton

Fry Bread: A Native American Family Story by
Kevin Noble Maillard

Television

Sesame Street (PBS)

Blue's Clues & You! (Nickelodeon)

Bubble Guppies (Nickelodeon)

Nella the Princess Knight (Nickelodeon)

Ni Hao, Kai-lan (Nickelodeon)

Doc McStuffins (Disney Junior)

The Bravest Knight (Hulu)

Elementary School

Books

Each Kindness by Jacqueline Woodson

The Youngest Marcher by Cynthia Levinson

*Resist: 35 Profiles of Ordinary People Who Rose
Up Against Tyranny and Injustice* by Veronica
Chambers

Not My Idea: A Book About Whiteness by
Anastasia Higginbotham

Todos Iguales/All Equal by Christy Hale

Television

Elena of Avalor (Disney Junior)

Maya & Miguel (PBS)

Molly of the Denali (PBS Kids)

Craig of the Creek (Cartoon Network)

The Deep (Netflix)

Loop (Disney+)

The Proud Family (ABC)

The Legend of Korra (Nickelodeon)

Middle School

Books

All American Boys by Jason Reynolds and
Brendan Kiely

Stamped: Racism, Antiracism, and You by Ibram
X. Kendi

New Kid by Jerry Craft

Brown Girl Dreaming by Jacqueline Woodson

Ghost Boys by Jewell Parker Rhodes

*Voice of Freedom: Fannie Lou Hamer: The Spirit
of the Civil Rights Movement* by Carole Boston
Weatherford

Television/Video

Bibi (Southern Poverty Law Center)

Legendary Dudas (Nickelodeon)

Andi Mack (Disney)

Basketball or Nothing (Netflix)

Diary of a Future President (Disney+)

The Specials (OWN)

High School

Books

Miles Morales: Spider-Man by Jason Reynolds

A Wreath for Emmett Till by Marilyn Nelson

This Side of Home by Renee Watson

The Absolutely True Diary of a Part-Time Indian
by Sherman Alexie

This Book is Anti-Racist by Tiffany Jewell

The Hate U Give by Angie Thomas

They Both Die at the End by Adam Silvera

The Namesake by Jhumpa Lahiri

Television/Video

Twenty & Odd (National Park Service)

Black-ish (ABC)

Mixed-ish (ABC)

A Different World (Nickelodeon, Oxygen)

The Expanding Universe of Ashley Garcia
(Netflix)

Fresh Off the Boat (ABC)

One Day at a Time (Netflix)

References

[One in Five Minds: Talking to Kids About Race and Racism](#)

[PBS: Talking to Young Children About Race and Racism](#)

[Common Sense Media: How White Parents Can Use Media to Raise Anti-Racist Kids](#)

[Embrace Race: Action Guides](#)

[Teaching Tolerance: Race & Ethnicity](#)

[Nationwide Childrens': How to Talk to Your Kids About Racism](#)

[Everyday Feminism: 6 Things White Parents Can Do to Raise Racially Conscious Children](#)

[Parent Toolkit: How to Talk to Kids about Race and Racism](#)

Syntero School-Based Prevention Services are made possible by levy dollars as distributed by the ADAMH Board of Franklin County





Dublin Location

299 Cramer Creek Ct.
Dublin, OH 43017
614-889-5722

Mill Run Location

3645 Ridge Mill Dr.
Columbus, OH 43026
614-457-7876

Lewis Center Location

Mt. Carmel Fitness Bldg
7100 Graphics Way, Ste. 3100
Lewis Center, OH 43035
740-428-0428

Northeast Location

3433 Agler Rd., St. 200
Columbus, OH 43219
614-600-2708

For more information on school based prevention services contact:

Shantel Jordan, M.Ed, LPCC-S

School Based Prevention Coordinator for Hilliard City Schools

sjordan@syntero.org

Kelly Dainton, MA, LPC

School Based Clinician

kdainton@syntero.org