



Dublin
 Mill Run
 Northeast
 Lewis Center

Register your child for Syntero Summer Groups!

Syntero summer groups are back by popular demand! Some groups from last year and new groups to be announced!

From Elementary to High School, all students are welcome!

All Groups are **FREE** to any student in Dublin, Grandview, Hilliard & Upper Arlington City Schools.
 Multiple groups will offered June -August. Specific times TBD.
 Locations in Hilliard, Dublin, and Upper Arlington!

Registration opens April 1, 2017. Slots will fill up fast!

Group Topics	Grade	Description
Angry Birds Anger Management	K-5 6-8	Students learn how to control anger and express themselves in safe ways.
Busy Bees	3-5	Group focusing on improving focus/attention, impulse control, and social skills.
Inside Out	K-5	Students learn how to distinguish, express, and effectively cope with a variety of feelings. "Inside Out" themed.
Celebrate You	7-12	Group celebrating and learning how to feel good about yourself; focuses on young adults exploring identity.
SASS Girls' Group	3-8	Promoting S.A.S.S. (self-awareness, affect management, self-esteem, & self respect) in young women.
Jedi Mindtricks	3-8	Star Wars themed group that uses mindfulness to manage worries and other negative feelings.
Superflex Social Detectives Malleable Masters	K-5 6-8 9-12	Students learn strategies to promote self-regulation and social thinking, while also paying attention to the expectations that surround them.
Worry Warriors	K-5	Students learn to identify/replace negative thoughts, and learn strategies to manage symptoms of anxiety.
New Groups!	K-12	TBA



For more information:
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