



Syntero Programs for Older Adults

Syntero's Older Adults Program offers a variety of in-home and office-based services for older adults. Our community-based programming serves seniors with serious health and daily living conditions. Those served include seniors with mental health, aging, housing, financial or other human service need.

Services include:

- assessment
- counseling for personal or mental health problems
- linkage with needed health care or social services
- transportation for shopping and medical appointments
- accompanying clients on medical appointments
- housing options counselings

Professional social workers and case managers supplemented by community volunteers provide these services.

Goals of the Older Adults Program:

Help Older Adults achieve a greater quality of life and maintain as much independence as possible

- Help Older Adults cope with health, daily living, personal and financial challenges
- Provide support for Older Adults as they deal with specific aging related issues and challenges

- Assist family caregivers of high-risk elderly to reduce stress
- Link family caregivers of high-risk elderly with effective resources as they assist their loved ones

The Older Adults Program offers a **Low Vision Support Group**, **Widowhood Support** programs as well as providing **educational presentations** and **older adult forums on aging issues** in the community.

The Older Adults Program serves northwestern Columbus and Franklin County, including Grandview, Upper Arlington, Hilliard, Dublin, Worthington, and Washington Township. Medicare, Medicaid, private insurance, fees, grants and donations cover costs for services.

Outpatient Mental Health and AOD Counseling

Syntero has a specialized staff of professional social workers that focus on the mental health and addiction issues affecting clients 60 years and older. These experienced professionals are well versed in the problems and challenges of older adults that can result in a significant negative impact on quality of life. Outpatient treatment is evidenced based and focused on the goal of helping this population maintain health and wellness throughout life.

Call our Intake Department at 614.889.5722 ext 133 to learn more about our Outpatient Mental Health and AOD Counseling.



Caregiver Consultation

Syntero's Caregiver Consultation Program puts the focus on caregivers – working to help find solutions to make the role of the caregiver less stressful and challenging. The goal of the program is to help those caring for loved ones by providing information, education, and resources. This program helps the caregiver wade through the vast maze of options and resources available – helping to decrease the stress and confusion. Syntero's experienced, professional and well-versed staff provide necessary answers you need to help you cope with the demands of care giving and allow you to better focus on meeting the needs of your loved one.

Email or call 614.457.7876 ext 205 to learn more about our Caregiver Consultation services.

Older Adults Intensive-Home Based Outreach

Syntero's Older Adult outreach services are available to residents 60+ years of age residing in northwestern Franklin County. This community based programming serves seniors with serious health and daily living concerns. Individuals served by Syntero's Intensive Home Based Outreach for older adults include those with mental health, aging, housing, financial or other human service need. The goal of this program is to help older adults achieve a greater quality of life and maintain as much independence as possible.

Email or call 614.457.7876 ext 214 to learn more about our Older Adults Intensive-Home Based Outreach services.

Older Adults Volunteer Program

Syntero's Older Adults Volunteer Program makes a valuable contribution to the agency's older adult clients. One-on-one volunteers are recruited from the community and matched with a Syntero Older Adult client. Volunteers serve as one-on-one friendly visitors, drivers, errand runners, and also help with occasional chores. Volunteers are carefully screened and then matched with an appropriate client. Volunteers serve on a regular or as need basis.

Email or call 614.457.7876 ext 244 to learn more about our Older Adults Volunteer Program.

Specialized Support Groups Focused on Aging

Through several specialized support groups, Syntero provides therapeutic and social support for widows, widowers, and older adults in a community based setting. Aging presents specific challenges for individuals, and the loss of a spouse or partner as well as declining independence due to physical reasons can be particularly difficult. Trained and compassionate clinicians are available to help older adults navigate and cope with this especially difficult time in life, meeting on a regular basis and presenting information on helpful topics.

Call 614.457.7876 to learn more about our Specialized Support Groups Focused on Aging.



Syntero Office Locations

Dublin: 299 Cramer Creek Court • Dublin, OH 43017

Mill Run: 3645 Ridge Mill Drive • Columbus, OH 43026

Lewis Center:

7100 Graphics Way, Ste. 3100 • Lewis Center, OH 43035

Northeast:

3433 Agler Road, Ste. 2000 • Columbus, OH 43219

Syntero – Intake Department | 614-889-5722 ext 133

www.syntero.org

Syntero Inc. is a non-profit 501(c)3.
Your donations provide more care.