



Dublin
 Mill Run
 Northeast
 Lewis Center

Register Your Child for

Syntero Summer Groups

All Groups are **FREE** to any student in Mt. Gilead School District.

Mt. Gilead Elementary will offer groups **August 5th -9th** and **August 12th-16th**

** The opinions, products, activities and/or services of this organization are neither sponsored nor endorsed by the school district**

Registration: May 1, 2019 on Sign Up Genius at 12 pm

Please note that space is limited and slots will fill up fast!

Group Topics	Grade	Description
Angry Birds	Grade K-2 offered to boys or girls August 5 th -9 th 10:00am-11:30am	Students learn strategies to control anger and express themselves in safe ways.
Jedi Mindtricks	Grades 3-4 offered to boys or girls August 5 th -9 th 1:00pm-2:30pm	This Star Wars themed group uses Mindfulness to manage worries and other negative feelings.
Your Fantastic Elastic Brain/Growth Mindset	Grades 3-4 offered to boys or girls August 12 th -16 th 10:00am-11:30am	The group will help teach skills to promote growth and resiliency through hard work and dedication when faced with challenges.
Friendships	Grades K-2 offered to boys or girls August 12 th -16 th 1:00pm-2:30pm	Students learn how to get along with others, make friends, and make good choices with others.

****Group Topics Subject to Change based on identified needs****

For more information:

Sign up information & class schedule: <https://www.syntero.org/groups/groups-for-youth/>

Questions? Contact Larysa Gilbert: summergroups@syntero.org

Syntero Summer Prevention Programming is made possible by community funded levy dollars as distributed by the Delaware-Morrow Mental Health & Recovery Services Board.