



Syntero Programs for Adults

Caring for YOU with Dignity and Respect

Outpatient Mental Health and Substance Abuse Counseling

Syntero provides evidence based therapeutic treatment and counseling services to individuals including children, adolescents, adults, and the elderly. Our specialized staff of master's level clinicians is trained in a variety of treatment modalities that help individuals, couples, and families deal with depression, anxiety, trauma, grief and loss, anger management, and substance abuse. The goal of our services is to empower individuals to manage effectively, improve the quality of life and promote happier, healthier lives.

Outpatient Psychiatric Services:

Syntero utilizes the expertise of licensed psychiatrists as well as psychiatric mental health nurse practitioners to provide medication management for clients. This service addresses the psychiatric/ mental health needs of a client and evaluates the medication needs of the client. Medication services are in response to specific symptoms with the goal of improved functioning for the client.

Intensive Outpatient for Substance Use Disorder

Syntero offers an intensive outpatient program for adults that are struggling with addiction and behavioral issues. This program is designed to help those adults in early recovery who have experienced ineffective past treatments. The program is evidenced-based and proven effective in maintaining long-term sobriety through a matrix model. Syntero's IOP is facilitated by licensed counselors specializing in addiction treatment using evidence-based treatment curricula. Most private insurance, Medicaid, EAPs, and private pay are accepted.

Case Management

Syntero offers case management services for adults that are community-based and adapted to the individual needs of the client. These services are for Franklin County residents who are Medicaid eligible or uninsured. Case management services for adults can include: mental health and addiction education/support, parenting/childcare issues, anger management, budgeting and finances, housing, life skills, education, employment and social supports. The goal of Syntero's case management services is to help individuals reduce the barriers that prevent them from reaching self-sufficiency.

Therapeutic & Support Groups:

Syntero offers a variety of group programs at each of its locations that augment individual counseling. Groups arise in response to the needs of our clients and the community and are helpful in dealing with mental health and alcohol or other drug issues. Licensed professionals facilitate an array of group offerings that are designed to provide emotional support, education, and help members develop new and stronger coping skills.

Services for Older Adults & Caregivers:

The goal of Syntero's Older Adults services is to help older adults achieve a greater quality of life while maintaining as much independence as possible. Syntero offers a variety of in-home and office-based services for older adult clients. Syntero also provides education and resources for caregivers of older adults to help make this important role less stressful and challenging.

Integrated Care Services

Syntero and PrimaryOne Health offer primary healthcare services at its Dublin location as well as PrimaryOne's clinic on Agler Road. This access to consolidated healthcare services improves the health status of clients and families through the integration of mental health, substance abuse, and primary care services in one location. Current clients as well as community members are eligible for primary care services.

LGBTQ+ Programs

Understanding the unique challenges faced by members of the LGBTQ+ community — Syntero offers LGBTQ+ culturally competent providers that can help ensure more positive outcomes and healthy/balanced lifestyles and choices for dealing with identity issues.

Additional Interventions Offered at Syntero Include:

Goodwill Partnership – Competitive Employment

Syntero works in tandem with Goodwill Columbus employment specialists to address the mental health needs of their community-based competitive employment services. Syntero provides group services, participant education and training, and specialized case management targeting behavioral health needs. Referrals must come from Goodwill Columbus.

Permanent Family Solutions Network Partnership

Building Successful Families is a specialized program that delivers in-home therapy to the biological parents of children who have been placed in foster care. The goal of the program is to provide mental health and alcohol and drug services to biological parents so they may reunite with their children. Referrals must come from Buckeye Ranch Permanent Family Solutions Network program.

"renew" Program

Syntero's "renew" program is offered in partnership with The Center of Vocational Alternatives (COVA) and Concord, Inc., and focuses on at-risk persons 18-25 years of age following release from a first time inpatient mental health hospitalization. The goal of the program is to provide timely, concentrated interventions in a short-term, intensive program structure. The goal of the "renew" program is to reduce the incidence of re-hospitalization for this highly vulnerable population.



Syntero Office Locations

Syntero – Dublin

299 Cramer Creek Court • Dublin, Ohio 43017

Syntero – Mill Run

3645 Ridge Mill Drive • Columbus, Ohio 43026

Syntero – Lewis Center

7100 Graphics Way, Lewis Center, Ohio 43035

Syntero – Northeast

3433 Agler Road • Columbus, Ohio 43219

Syntero – Intake Department • 614-889-5722 ext 133

FUNDING SUPPORT PROVIDED FOR VARIOUS SERVICES FROM:

FRANKLIN COUNTY ADAMH BOARD • FRANKLIN COUNTY OFFICE ON AGING • HELP ME GROW • MEDICAID/MEDICARE • CITY OF DUBLIN
CITY OF UPPER ARLINGTON • CITY OF WORTHINGTON • WASHINGTON TOWNSHIP TRUSTEES • MULTIPLE COMMERCIAL INSURANCE AGENCIES